

MEN'S/BOYS

PERFORMANCE SIZING GUIDE

2025 SIZING CHART
CMPSW SPORTSWEAR



COMPOUND
SPORTSWEAR



MOMENTUM QUARTER ZIP/FULL ZIP JACKET

SIZE	1/2 CHEST (IN)	BODY (IN)
YXSMALL	17	20
YSMALL	18	22
YMEDIUM	19	23
YLARGE	20	24
XSMALL	21	27
SMALL	22	28
MEDIUM	23	29
LARGE	24	31
XLARGE	25	32
2XLARGE	26	33
3XLARGE	27	34

PRODUCT DESCRIPTION:

Your go-to for warm-ups, walk-outs, and award stands. Ideal layer for warm ups and cool downs, this cover-up has a textured interior which delivers subtle visual texture to the exterior of the fabric. Zipper at collar.

FABRIC & MATERIAL:

86% polyester and 14% spandex blend material

MSRP:

Quarter Zip \$95.00
Full Zip \$100.00



MOMENTUM JOGGER

SIZE	1/2 WAIST (IN)	INSEAM (IN)
YXSMALL	10	21
YSMALL	11	22
YMEDIUM	12	24
YLARGE	13	25
XSMALL	14	27
SMALL	15	27
MEDIUM	16	28
LARGE	17	29
XLARGE	18	29
2XLARGE	19	30
3XLARGE	21	30

PRODUCT DESCRIPTION:

Team-ready. Travel-tested. Fully customized for your squad. Streamlined fit that gives glutes and thighs breathing room. Tapers to hem.

FABRIC & MATERIAL:

86% polyester and 14% spandex blend material

MSRP:

\$95.00



UNISEX WARMUP JACKET

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXS	17	20	23
YS	18	21	24
YM	19	22	25
YL	20	23	27
X	21	24	27
S	22	26	29
M	23	29	32
L	24	29	33
XL	27	30	33
2XL	28	31	33
3XL	30	32	34

PRODUCT DESCRIPTION:

Experience the perfect blend of comfort and design with Compound Sportswear's Windbreaker. Available with or without a hood, this versatile jacket is suitable for all weather conditions. While commonly used as a warm-up garment, it also serves as a reliable companion to tackle outdoor conditions throughout the year.

FABRIC & MATERIAL:

100% polyester waterproof fabric

MSRP:

\$125.00



HOODED WARMUP JACKET

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXS	17	21	23
YS	18	22	24
YM	19	23	26
YL	20	24	27
X	20	27	30
S	22	28	31
M	23	29	31
L	24	30	32
XL	25	31	34
2XL	26	32	35
3XL	28	33	36

PRODUCT DESCRIPTION:

Experience the perfect blend of comfort and design with Compound Sportswear's Windbreaker. Available with or without a hood, this versatile jacket is suitable for all weather conditions. While commonly used as a warm-up garment, it also serves as a reliable companion to tackle outdoor conditions throughout the year.

FABRIC & MATERIAL:

100% polyester waterproof fabric

MSRP:

\$125.00



UNISEX PACKABLE JACKET

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXS	17	21	23
YS	18	22	24
YM	19	23	26
YL	20	24	27
X	20	27	30
S	22	28	31
M	23	29	31
L	24	30	32
XL	25	31	34
2XL	26	32	35
3XL	28	33	36

PRODUCT DESCRIPTION:

Stay ready for any weather with our lightweight, fully sublimated packable jacket. Built with moisture-resistant performance fabric, it delivers comfort, durability, and bold custom team graphics. Designed to fold neatly into its own pocket, this jacket is the perfect travel-ready layer for wrestlers, athletes, and fans on the go.

FABRIC & MATERIAL:

100% polyester, super light weight, 2-way stretch

MSRP:

\$135.00



PERFORMANCE LONG SLEEVE HOODED SHIRT

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXSMALL	15	20	27
YSMALL	16	21	28
YMEDIUM	17	23	30
YLARGE	18	24	31
XSMALL	19	25	33
SMALL	20	27	34
MEDIUM	21	28	35
LARGE	23	31	36
XLARGE	24	31	36
2XLARGE	25	32	37
3XLARGE	26	33	38

PRODUCT DESCRIPTION:

Train hard or relax in comfort with the Pro Series Hooded Shirt—lightweight and breathable for any activity.

FABRIC & MATERIAL:

92% polyester and 8% spandex blend material

MSRP:

\$90.00



PERFORMANCE FLEECE HOODIE

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YSMALL	17	21	23
YMEDIUM	19	23	24
YLARGE	20	25	26
XSMALL	21	27	30
SMALL	22	28	30
MEDIUM	24	29	31
LARGE	25	30	31
XLARGE	27	31	31
2XLARGE	29	32	32
3XLARGE	31	33	33
4XLARGE	32	34	33

PRODUCT DESCRIPTION:

Elevate your training with our Performance Fleece Hoodie—crafted for superior warmth and freedom of movement.

FABRIC & MATERIAL:

100% polyester knitted fabric

MSRP:

\$95.00



PERFORMANCE FLEECE CREW

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXS	16	20	23
YS	17	21	24
YM	18	22	25
YL	19	23	26
YXL	20	24	27
X	21	25	28
S	22	26	29
M	23	27	30
L	24	28	31
XL	25	29	32
2XL	26	30	33
3XL	27	31	33

PRODUCT DESCRIPTION:

Crafted from our specialized moisture-wicking fleece, the crew neck sweatshirt is engineered to be both durable and lightweight, ensuring exceptional comfort. It offers full customization options in any team color or design, allowing you to showcase your unique style.

FABRIC & MATERIAL:

100% polyester knitted fabric

MSRP:

\$90.00



RAGLAN PERFORMANCE LONG SLEEVE SHIRT

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXSMALL	14	19	25
YSMALL	16	21	27
YMEDIUM	17	23	29
YLARGE	18	25	31
XSMALL	19	27	34
SMALL	20	28	34
MEDIUM	22	29	35
LARGE	23	30	36
XLARGE	25	31	37
2XLARGE	26	32	37
3XLARGE	28	32	38

PRODUCT DESCRIPTION:

Train longer with comfort in the Men's Raglan Performance Long Sleeve Shirt. Featuring lightweight, moisture-wicking fabric and raglan sleeves, it's perfect for wrestling warm-ups, workouts, or cool-weather training..

FABRIC & MATERIAL:

100% polyester eyelet fabric

MSRP:

\$75.00



RAGLAN PERFORMANCE SHORT SLEEVE SHIRT

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YXSMALL	14	19	12
YSMALL	16	21	13
YMEDIUM	17	23	14
YLARGE	18	25	15
XSMALL	19	27	16
SMALL	20	28	17
MEDIUM	22	29	17
LARGE	23	30	18
XLARGE	25	31	19
2XLARGE	26	32	19
3XLARGE	28	32	20

PRODUCT DESCRIPTION:

Stay cool and move freely in the Men's Raglan Performance Short Sleeve Shirt. Made with lightweight, moisture-wicking fabric and raglan sleeves, it's built for wrestling, training, and multi-sport performance.

FABRIC & MATERIAL:

100% polyester eyelet fabric

MSRP:

\$70.00



PERFORMANCE POLO

SIZE	1/2 CHEST (IN)	BODY (IN)	SLEEVE (IN)
YSMALL	16	21	14
YMEDIUM	17	23	15
YLARGE	18	25	16
XSMALL	19	27	16
SMALL	20	28	17
MEDIUM	22	29	19
LARGE	23	30	20
XLARGE	25	31	21
2XLARGE	26	32	22
3XLARGE	28	32	23

PRODUCT DESCRIPTION:

Compound Sportswear's Sublimated Polo is the epitome of classy style for coaches and athletes alike. Crafted with high-quality moisture-wicking fabric, this polo ensures you stay cool and dry throughout your activities.

Not only is it functional, but it's also fully customizable, allowing you to personalize it with your team's colors and design. Stand out from the crowd and make a statement at your next event with this exceptional sublimated polo.

FABRIC & MATERIAL:

100% polyester

MSRP:

\$75.00



PERFORMANCE SHORT 7" INSEAM

SIZE	1/2 WAIST (IN)	INSEAM (IN)
YSMALL	10	6
YMEDIUM	11	6
YLARGE	12	6
XSMALL	13	7
SMALL	14	7
MEDIUM	15	7
LARGE	16	7
XLARGE	17	7
2XLARGE	17	7
3XLARGE	18	7

PRODUCT DESCRIPTION:

Compound Sportswear offers the Performance Short, an essential piece for athletes during practice, training, and competition. With its durable and breathable design, it's a must-have addition to any athlete's wardrobe.

FABRIC & MATERIAL:

100% polyester eyelet fabric

MSRP:

\$65.00



HOW TO MEASURE

CHEST:

Measure straight across 1" below the armhole; double the measurement for total circumference.

WAIST:

Measure straight across the waistband; double the measurement for total circumference.

HIPS:

Measure straight across the widest point of the hips; double the measurement for total circumference.

INSEAM:

Measure from the crotch seam down to the bottom hem.

BODY LENGTH (TOPS):

Measure from the highest point on the shoulder (next to the neck seam) straight down to the bottom hem of the garment.

SLEEVE LENGTH:

Measure from the top of the shoulder (where the arm meets the body), down along the outside of the arm to the wrist.

